



Lennoxtown Primary Breakfast Club Session 2019/20

Rationale

During session 2018 a small scale Breakfast Club pilot will take place to determine the impact on children's wellbeing by providing this service. The pilot will include a maximum of 18 children who have been identified as potentially benefiting from access to the initiative. Determining factors for participation will include a combination of Scottish Index of Multiple Deprivation data, Free Meal Entitlement, attendance and late coming data and school knowledge of family circumstances.

Research shows that breakfast consumption has been associated with a multitude of health-related benefits including improved nutrient intake, increased ability to participate within moderate-to-vigorous physical activity, and improved mood. Furthermore, studies have also shown that Breakfast Clubs have been somewhat successful in encouraging children to make healthy breakfast choices. For example, audits have shown that in some instances, children who attend Breakfast Clubs eat a higher proportion of healthy food items such as cereals and fruits for breakfast than children who do not attend Breakfast Clubs.

The key equity based focus of the Breakfast Club is to offer children a welcoming and nurturing start to their day and exposure to positive morning routines. An activities based approach will be utilized to promote aspects of literacy, maths and health and wellbeing. These will include story time sessions, use of laptops to access sites such as Number Gym, Scratch and table top games.

Timing and Location

Monday - Friday 8:15-8:50am in the school dining hall.

Staffing

Foodstuffs prepared by FM staff

Pupils supervised by two members of school support staff who will have undertaken First Aid and REHIS training.

Risk Assessment

Activity: Operation of Lennoxtown Primary Breakfast Club

Description of Potential Risks/Hazard:

Risk 1. Children unsupervised before 9am in school buildings

Risk 2. Preparation of food in the dining room

- Risk 3. Crossing the road to school before 9am - injury from vehicles
- Risk 4. Fire evacuation procedures not known - evacuation not carried out quickly enough
- Risk 5. Children leaving the school campus
- Risk 6. Children playing outside in the playground before 9am unsupervised

Consequences of Hazard/Risk:

Serious injury

Persons at Risk:

All children accessing the Breakfast Club

Risk Priority Rating

Likelihood times Severity

1 = very low risk 5 = very high risk

The likelihood of the hazards leading to injury is low - 3 - non severe consequences for the children.

The Breakfast Club will operate from 8:15am - 8:50am every morning in Lennoxtown Primary's Dining Room. Children will access the school dining room door entrance and will be registered with the 2 members of support staff supervising the club. The Breakfast Club will be staffed by 2 members of school support staff with foodstuffs prepared and provided by FM staff.

Control Measures in Place

Risk/Hazard 1 - Children unsupervised before 9am in the school building - places not suitable for children

- Parents will sign a contract to evidence their understanding of risk assessment processes and defined times of supervision as outlined below.
- 2 staff members will be on duty in the Dining Room from 8:15am until 8:50am to supervise the children.
- Children must stay in the Dining Room at all times before 8:50am supervised by staff, until they join their peers in the playground. The staff running the Breakfast Club will join the children in the playground.

- As children enter the Dining Room the staff member on duty will record their attendance on the register.
- Staff members on duty will ensure children return from the cloakroom or toilet quickly should the need for access arise.
- If a child does not return from the toilet/cloakroom in a short time, one member of staff will check on the child's whereabouts.
- The Breakfast Club register will be stored within the school's kitchen area for easy retrieval in the event of an emergency.

Risk/Hazard 2 - preparation of food in Dining Room - children not following hygiene practices, burns from equipment in use

- All children will wash hands as the usual school procedure before eating food.
- A table for children to eat breakfast will be a distance away from the activity and food preparation table.
- Staff members will supervise the children as they prepare their breakfast.
- All crockery and cutlery will be returned to the appropriate location immediately after use.

Risk/Hazard 3 - Crossing the roads to school before 9am - injury from vehicle

- Parents are responsible for ensuring that their child is safely delivered to the dining room entrance to the school daily. Responsibility for child safety prior to the children registering at the Breakfast Club lies with parent/guardian.

Risk/Hazard 4 - Fire evacuation procedures not known - evacuation not carried out quickly enough

- An up to date register will reflect appropriately the children in attendance in the Breakfast Club.
- Fire evacuation procedures will be identical to procedures during the school day.
- Children will be reminded of the procedures at assembly.
- Announced and unannounced fire drill will be carried out in the first month of the Breakfast Club.

Risk/Hazard 5 - Children leaving the school campus

- When children are registered for the Breakfast Club they are not allowed to leave the Dining Room to access any other area of the school or playground until 8:50am when they can join their classmates in the playground.

- Should a child leave the Dining Room without permission a staff member on duty will check on their whereabouts.

Risk/Hazard 6 - Children playing outside in the playground unsupervised before 9am

- Children will not access the playground for outdoor play unless accompanied by a member of staff before 8:50am when an adult presence is provided by the school in the school playground.
- From 8:50am pupils can access their designated playground area to play with their peers and participate in class routines such as lining up at 9am.